

# SPA RELAIS

WESTLAKE VILLAGE INN

## TREATMENT MENU



*where elegance  
meets wellness*





# WELCOME TO SPA RELAIS

## SPA ENVIRONMENT

At Spa Relais, we strive to provide you with a relaxing and soothing spa experience from the moment you arrive to the moment you depart. The spa is open Tuesday through Sunday, 9:00 AM - 6:00 PM, with the first appointment at 10:00 AM and the last appointment at 4:00 PM. We ask that you arrive 30 minutes prior to your treatment time in order to complete spa paperwork, relax and enjoy the amenities. If you book the last appointment of the day, we advise arriving earlier in the day to maximize your full spa experience.

Seasonal hours may apply, and hours may change based on occupancy and special events. Please call Spa to confirm. Due to capacity, the spa pool has a three-hour limit during each visit.

Spa Relais is an adult only environment and the spa, pool and fitness center are exclusively for guests ages 18 and over. Spa Relais is a smoke free environment. No smoking, vaping, or pets are permitted due to health code guidelines. No outside food or beverage is permitted in spa, lounge, gym or pool area.

## RESERVATIONS

Reservations can be made by calling the hotel reservations at 818.889.0230 or booking directly online at [westlakevillageinn.com/spa/](http://westlakevillageinn.com/spa/). Spa services and prices are subject to change without notice. Service pricing excludes a discretionary 20% service fee that is dispersed to the spa staff who serve you during your visit. If you have a preference of gender for your therapist, or if you have any medical conditions, please advise the receptionist when booking your appointments. A credit card is required at the time of booking but will not be charged and is only used to guarantee.

## CANCELLATION & RESCHEDULING POLICY

As we reserve your appointment time especially for you, we ask that you please provide twenty-four hours advance notice should you need to reschedule or cancel your appointment. No-shows will be billed for the full treatment price. Cancellations less than twenty-four hours before a scheduled appointment time will be billed for 50% of treatment price. Late arrival for any service may limit the length of your treatment and the full treatment charge will be applied.



#### MEDICAL RESTRICTIONS

We are not permitted to provide massages during first trimester pregnancy. Deep Tissue and Hot Stone massages are contraindicated for Spa guests currently undergoing radiation/chemotherapy treatments.

#### LOCKER ROOM AREAS

Locker-room areas and facilities are complimentary to spa guests who have a minimum 50-minute spa service. All spa guests will be given a pocket-free robe and sandals during their visit. Locker-room amenities include citrus infused aromatherapy showers, Himalayan salt sauna, eucalyptus steam room and an Arctic Plunge shower. Co-ed amenities include a relaxation lounge, meditation beds, outdoor pool, cold plunge, jacuzzi, fitness center and a health conscious restaurant and bar, including poolside dining .

#### SPA RELAIS FITNESS CENTER

If you plan to use the fitness facility, please wear appropriate workout attire and shoes. Fitness center hours for spa guests are from 9 AM - 7 PM.

#### CELL PHONES, CAMERAS & ELECTRONIC DEVICES

To protect the privacy of our guests and maximize everyone's spa experience, cell phones, cameras, and electronic devices are prohibited in the spa. Your cooperation in providing a quiet and exclusive environment is greatly appreciated. Phones are permitted in the fitness center and pool area ONLY; We ask that their use be kept to a minimum as a courtesy to other guests.

**WE STRONGLY DISCOURAGE PHOTOS & VIDEOS IN THE LOCKER ROOM AND LOUNGE AREAS.**





# BODY TREATMENTS





# MASSAGES

50 or 80 minutes

|         |               |
|---------|---------------|
| SWEDISH | \$210   \$265 |
|---------|---------------|

## WINEMAKER MASSAGE

Customized with your specific needs in mind, this relaxing yet therapeutic treatment combines a Swedish massage technique enhanced with vine-infused aromatherapy. This treatment recreates the ritual of the wine-making process on the body, alternating with bare-handed pressure on energy paths. Your body will appreciate this divine massage that leaves you feeling relaxed and balanced.

50 or 80 minutes

|             |               |
|-------------|---------------|
| DEEP TISSUE | \$250   \$300 |
|-------------|---------------|

## DEEP TISSUE MASSAGE

This deeply therapeutic treatment is designed to relieve body aches and sore muscles. Using various techniques, this massage targets the deeper muscle fibers and eases inflammation-related discomfort. For additional healing benefits, choose from CBD Oil or Arnica Oil to be used in particular areas.

50 or 80 minutes

|           |               |
|-----------|---------------|
| HOT STONE | \$250   \$300 |
|-----------|---------------|

## HIMALAYAN HOT STONE MASSAGE

Experience the healing benefits of Himalayan salt stones paired with varied massage techniques. This spa favorite uses stones that are warmed to perfection to gently exfoliate the skin, leaving it radiant. Himalayan salt contains over 80 minerals and trace elements to purify and alkalize your body, relax tired muscles, and calm your nervous system while replenishing your sense of well-being.

50 or 80 minutes

|              |               |
|--------------|---------------|
| AROMATHERAPY | \$200   \$255 |
|--------------|---------------|

## RELAIS MASSAGE

A full-body traditional massage that uses light-to medium pressure and aromatherapy to soothe and relax muscles. This massage is customized to your wellness needs and can target specific areas that require attention. Enjoy the psychological and physical sensation when aromatherapies relax the whole body.



# MASSAGES

80 minutes

|       |       |
|-------|-------|
| DETOX | \$300 |
|-------|-------|

## RESET RITUAL MASSAGE

We start your pampering with a light dry brush to exfoliate dry skin and stimulate blood flow. Next, Himalayan Salt and essential oils are applied to spine, neck and lymph points to release congestion and toxins while you enjoy a relaxing scalp and foot treatment. In the final phase of your “reset” journey, you will receive a 50-minute full body massage with Sunflower Seed Oil, Rosemary, Sage, Ylang Ylang, Cinnamon and Thyme. The hydrating massage will complete the detoxification ritual and leave you feeling restored and recharged.

50 or 80 minutes

|         |     |
|---------|-----|
| COUPLES | TBD |
|---------|-----|

## POUR DEUX COUPLES MASSAGE

Enjoy the side-by-side tranquility of shared relaxation in our luxurious couple’s suite. Customize your experience by choosing massage styles to suit each of your needs. Skilled therapists work together to ensure a relaxing ritual that celebrates your bond. Ideal for special occasions. Includes a complimentary welcome glass of champagne or a mimosa.

Price is dependent upon your preferred massage selection, plus a \$50 fee.

50 or 80 minutes

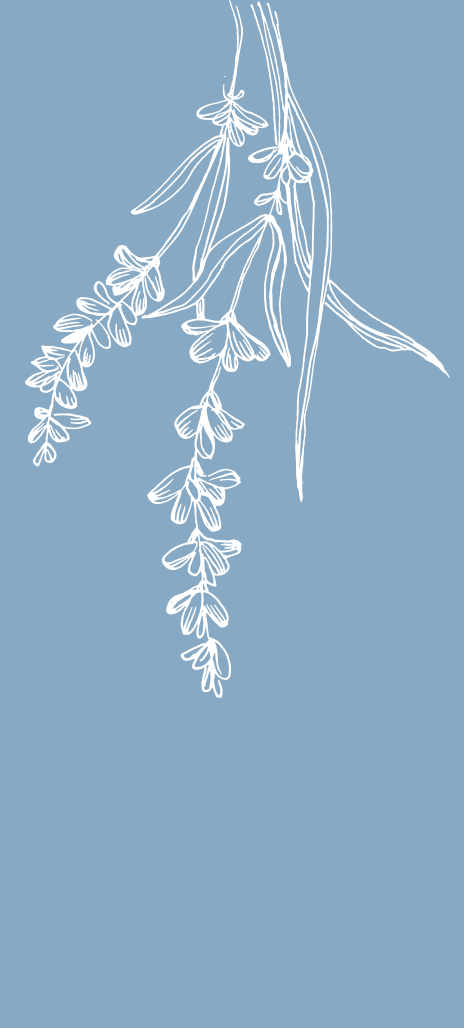
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|-----------|---------------|
| PREGNANCY | \$225   \$280 |
|-----------|---------------|

## PRENATAL REST AND RENEW MASSAGE

This deeply restorative treatment is designed for Moms-to-be to help improve sleep, reduce stress, and soothe muscle fatigue. The session begins with a relaxing massage to focus on specific concerns and includes a tension-relieving scalp massage to address the upper stress of the back, neck, and shoulders.

We are unable to provide a massage during the first trimester of pregnancy.





# FACIAL TREATMENTS



# FACIALS

50 or 80 minutes

|            |               |
|------------|---------------|
| ANTI-AGING | \$250   \$300 |
|------------|---------------|

## SOMMELIER FACIAL

Using Cryo Rollers paired with a dynamic massage, this facial reduces the signs of aging. The Sommelier facial is specifically designed to enhance and lift the contours of the face and the skin, stimulate lymphatic drainage, plump, nourish, and add radiance to the skin.

50 or 80 minutes

|             |               |
|-------------|---------------|
| BRIGHTENING | \$200   \$250 |
|-------------|---------------|

## VINOPERFECT RADIANCE FACIAL

Dry, dull skin is transformed with the use of Viniferine, an ingredient derived from the grapevine, that is more powerful than vitamin C. The unique massage includes essential oils and hot and cold stones. Viniferine brightens dull complexions, lightens discoloration, and evens out skintone.

50 or 80 minutes

|              |               |
|--------------|---------------|
| CUSTOMIZABLE | \$200   \$250 |
|--------------|---------------|

## AROMATHERAPY FACIAL

A Holistic facial tailored to your needs and customized to treat all skin conditions. This luxurious treatment replenishes the skin with hydrating botanical blends, repairs environmental damage, and delivers instant rejuvenation bringing dry skin back to life.

50 or 80 minutes

80 minutes

|            |       |
|------------|-------|
| HYDRA GLOW | \$375 |
|------------|-------|

## HYDRA GLOW FACIAL

Our most popular facial suitable for all skin types! This facial helps to brighten and even out skin tone resulting in a glowing complexion. This revolutionary treatment deep cleans pores, exfoliates and removes dull skin cells while deeply hydrating. After this facial, your skin will glow for weeks.

# SPECIALTY FACIALS

50 or 80 minutes

|               |               |
|---------------|---------------|
| OXYGEN FACIAL | \$250   \$300 |
|---------------|---------------|

## CUSTOM PEPTIDE OXYGEN FACIAL

A unique hydrating treatment designed to plump and hydrate the skin while softening the appearance of fine lines and wrinkles. Serums rich in hyaluronic acid, antioxidants, and peptides are applied with hyperbaric pressure, leaving your skin rejuvenated, hydrated, radiant, and fresh. The 80-minute Oxygen Facial includes LED light therapy to help increase the production of collagen and minimize the signs of aging.

50 or 80 minutes

|                 |               |
|-----------------|---------------|
| ONCOLOGY FACIAL | \$200   \$250 |
|-----------------|---------------|

## WELLNESS FACIAL

Dealing with cancer can be overwhelming. Our oncology-trained estheticians will evaluate your current skincare routine and direct you to safer product choices, guiding you through a "new normal" while pampering you and helping you relax. Your facial includes a thorough consultation that allows us to customize your treatment for your specific skincare needs. Physicians' approval is requested.

50 or 80 minutes

|                  |               |
|------------------|---------------|
| PREGNANCY FACIAL | \$200   \$250 |
|------------------|---------------|

## PREGNANCY FACIAL

We offer pregnancy-safe facials that will leave your skin glowing throughout your pregnancy. Our non-abrasive facial treatments will leave you feeling relaxed and refreshed. What better way to stay safe and on track with your skincare regimen during and post-pregnancy.

50 or 80 minutes

|                    |               |
|--------------------|---------------|
| GENTLEMAN'S FACIAL | \$200   \$250 |
|--------------------|---------------|

## GENTLEMAN'S FACIAL

The gentleman's facial is designed to meet the needs and challenges caused by daily shaving and environmental impacts. This customized treatment includes exfoliation, extractions, hot towels and a relaxing face, scalp, neck, and shoulder massage.

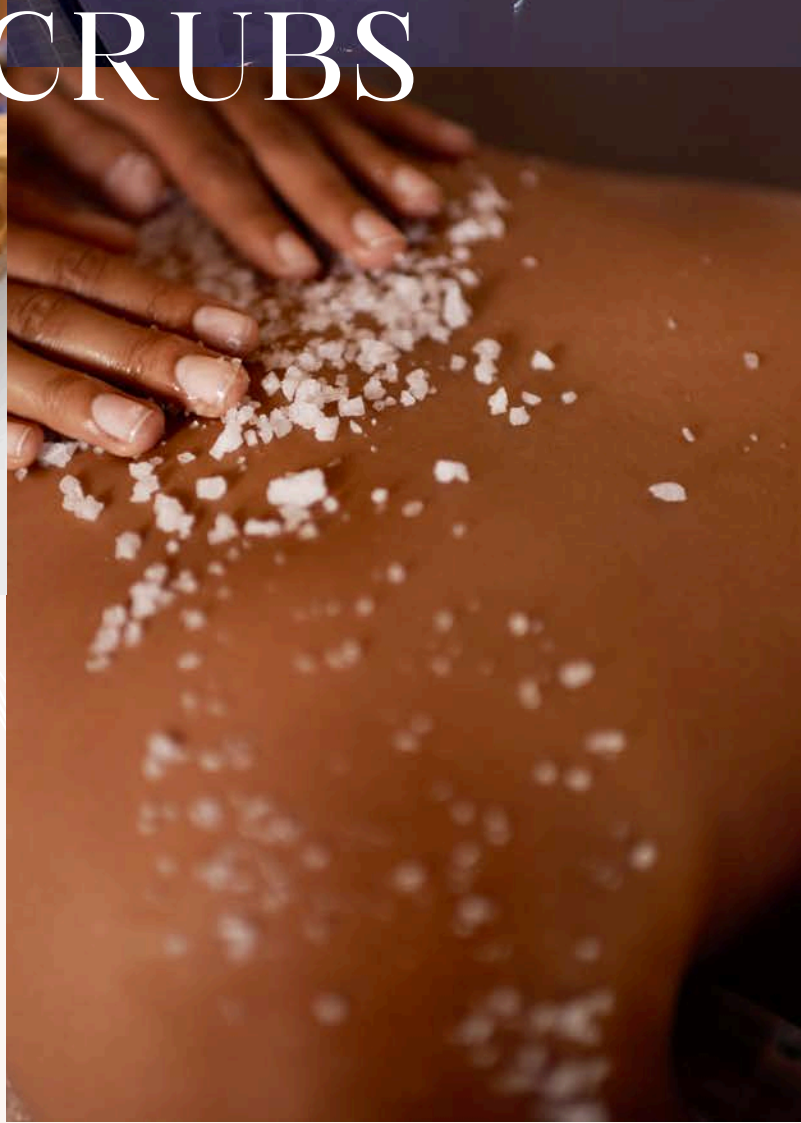
Other facials that gentlemen may enjoy:

\*VinoPerfect, Sommelier, & Peptide Oxygen



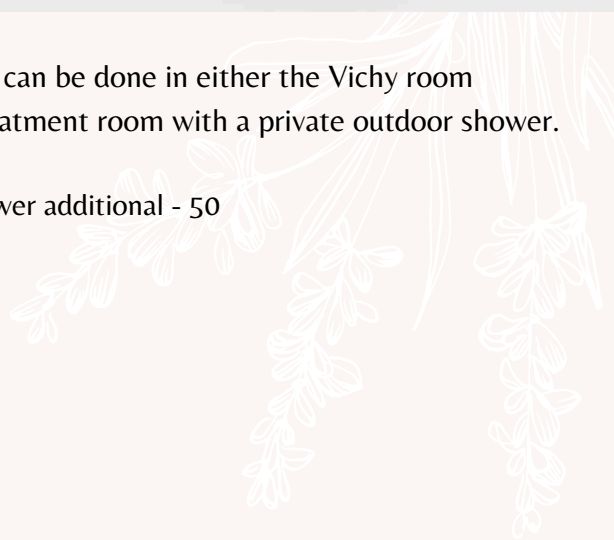


# SCRUBS



All scrubs can be done in either the Vichy room or in a treatment room with a private outdoor shower.

Vichy shower additional - 50



# SCRUBS

80 minutes

|            |       |
|------------|-------|
| CONTOURING | \$300 |
|------------|-------|

## CRUSHED CABERNET SCRUB

For deep exfoliation combined with a slimming benefit, this scrub contains 6 organic anti-cellulite essential oils, Cabernet grape seeds, honey and brown sugar to leave skin looking radiant, perfectly smooth and toned.

The scrub is then washed away in a private outdoor shower. The treatment ends with a full body massage followed by a luxurious application of a nourishing Hyaluronic body lotion.

Vichy shower additional - 50

80 minutes

|           |       |
|-----------|-------|
| HYDRATING | \$300 |
|-----------|-------|

## MALIBU SEA SCRUB

Soothe your senses with an aromatic experience that delivers the beauty benefits of essential oils derived from cold-pressed coconut, algae and shea butter. The oils work together to detoxify and remove dull skin to reveal a beautiful, silky and hydrated appearance. The scrub is then washed away in private outdoor shower. The treatment ends with a full body massage using a hydrating sea mist and a revitalizing body oil.

Vichy shower additional - 50

50 minutes

|       |       |
|-------|-------|
| VICHY | \$275 |
|-------|-------|

## VICHY RENEWAL

As you enter our state-of-the-art Vichy room you embark on a sensory journey. The magic begins with a gentle salt and mineral scrub, sweeping away the mundane and leaving your skin radiant. Next, surrender to the cascade of water from six shower heads, a symphony of sensations enhanced by Chromotherapy. Your chosen colors dance around you as you're enveloped in a sensory tapestry. As the water recedes, a lavish body cream is applied, leaving your skin luxuriously nourished. The finale is pure bliss: a scalp massage with botanical oils, that stimulates and soothes. Immerse yourself now – where euphoria meets rejuvenation.

Treatment does not include a massage.

80 minutes

|             |       |
|-------------|-------|
| BRIGHTENING | \$300 |
|-------------|-------|

## SPARKLING MIMOSA SCRUB

This refreshing body scrub hydrates and brightens dull skin. Micronized Walnut Shells exfoliate, while Mimosa and Bamboo extracts create lasting softness. Sparkling notes of Lemongrass combined with seductive floral aromas of Jasmine and Ylang Ylang stimulate the senses for total relaxation. The scrub is then washed away in a private outdoor shower. The treatment ends with a full body massage using a relaxing lavender oil.

Vichy shower additional - 50





# HYDRO THERAPY

Must be booked in conjunction with a 50-minute treatment.

30 minutes

|              |      |
|--------------|------|
| SOAKING BATH | \$50 |
|--------------|------|

Relax and replenish the body and mind by taking a 30-minute soak in aromatic essential oils and salts to nourish, soften and hydrate skin while soothing muscle aches and pains.

Choice of:

SEA ESCAPE BATH (Organic Hand harvested sea salt, organic seaweed, rosemary and eucalyptus)

CBD LAVENDAR BATH (Dead Sea Salt, CBD, and calming Lavender Essential Oil)

30 minutes

|                |      |
|----------------|------|
| PREGNANCY BATH | \$50 |
|----------------|------|

## PEACEFUL INDULGENCE PREGNANCY BATH

Pregnancy is a magical time that is shared only by you and your growing belly. Let us provide the perfect peaceful indulgence where you can relax, reflect, and embrace the magnificence of your changing body. We will draw a rose petal-filled bath and add Epsom salt to reduce stress and raise magnesium levels to bring relief from leg cramps, sore muscles, and lower back aches. You will leave feeling nurtured and restored.



80 minutes

|              |              |
|--------------|--------------|
| <b>DETOX</b> | <b>\$300</b> |
|--------------|--------------|

**MEDITERRANEAN SEAWEED WRAP**

A dry brush stimulates and prepares skin for a layered nutrient-rich organic, seaweed and marine algae body wrap, delivering superior hydration while detoxifying impurities. The scrub is then washed away in a private outdoor shower. A light massage followed by a blend of restorative essential oils and a finishing treatment of hydrating mists complete the relaxing treatment. Great for lymphatic drainage.

# WRAPS

80 minute treatment  
 Vichy shower additional - 50





# FOR COUPLES

## COUPLES SUITE



Our exclusive VIP suites each feature two Italian massage beds, a fireplace, private shower, two person soaking tub, private dining patio plus a dedicated server for your menu orders. Available to enjoy in four or eight hour increments (minimum of two treatments required). Our spa suite is a smoke free environment. No smoking or vaping.

\$1,600 for HALF DAY (4 hours)

Includes two 50-minute Relais or Winemakers Massages, two person soak tub, charcuterie board, chocolate dipped strawberries and a bottle of Stonehaus wine or champagne. Upgrades and alternative service will be charged accordingly.

\$2,800 for FULL DAY (8 hours)

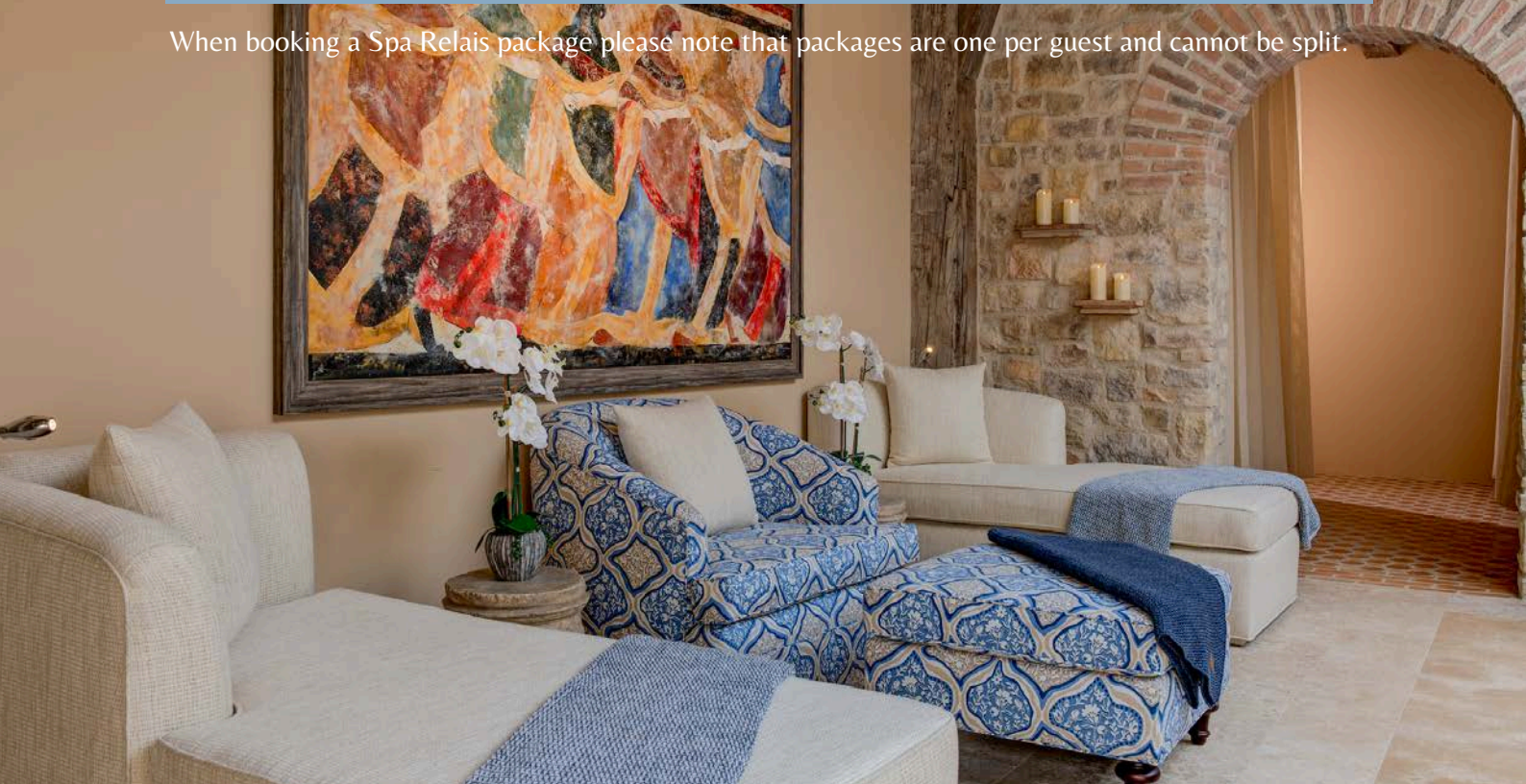
Includes two 80-minute Relais or Winemakers Massages, two person soak tub, charcuterie board, chocolate dipped strawberries and a bottle of Stonehaus wine or champagne. Upgrades and alternative service will be charged accordingly.





# PACKAGES

When booking a Spa Relais package please note that packages are one per guest and cannot be split.





# PACKAGES

Indulge your senses and elevate your well-being with one of our signature Spa Relais packages. All packages include a complimentary welcome glass of champagne or a mimosa. When booking a Spa Relais package please note that packages are one per guest and cannot be split. Spa packages cannot be combined with any other codes, discounts or hotel promotions.

100 minutes

|       |       |
|-------|-------|
| RELAX | \$350 |
|-------|-------|

## RELAIS MASSAGE + VINO PERFECT RADIANCE FACIAL

Soothe your senses with an aromatic experience that delivers the beauty benefits of essential oils derived from cold-pressed coconut, algae and shea butter. The oils work together to detoxify and remove dull skin to reveal a beautiful, silky and hydrated appearance. The scrub is then washed away in private outdoor shower. The treatment ends with a full body massage using a hydrating sea mist and a revitalizing body oil.

Vichy shower additional - 50

100 minutes

|         |       |
|---------|-------|
| RESTORE | \$375 |
|---------|-------|

## CRUSHED CABERNET SCRUB + VINE BODY WRAP

Experience the splendor of a day in the vineyard with our wine-infused Crushed Cabernet Scrub followed by the contouring Vine Body Wrap. Our scrub offers deep exfoliation combined with a slimming benefit, leaving your skin looking radiant, perfectly smooth and toned. Your indulgent scrub is followed by a deeply nourishing wrap to pamper the body and recharge the skin. The ritual continues with a full body Swedish massage using natural oils and serums derived from the grapevine.

100 minutes

|        |       |
|--------|-------|
| REVIVE | \$400 |
|--------|-------|

## INVIGORATING SCRUB + DETOXIFYING MUD MASK & CBD MASSAGE

This luxurious wellness treatment begins with a Dead Sea Salt & Lavender Scrub exfoliation leaving the skin silky soft. The scrub is then followed by a mud mask to detoxify and reduce inflammation throughout the body. Next, you will be left feeling invigorated with a tingling cream that moisturizes the skin and soothes aching muscles. Your escape ends with a pampering full body massage. CBD Oil is applied to the entire body leaving you feeling renewed and relaxed.

# SPA RELAIS POLICIES & FAQ'S

## Pet Free Environment

Spa Relais is a pet free environment.

## Smoke Free Environment

Spa Relais is a smoke free environment. No smoking or vaping.

## Personal Belongings and Valuables

Spa Relais is not responsible for any personal items or valuables brought into the spa or left in your locker. Please leave your valuables at home or in your room safe. Please note that our robes are pocket free, we encourage you to leave all personal items at home to prevent loss.

## Service Charge

For your convenience, a discretionary 20% percent service charge is added to each spa service, which is dispersed to the spa staff who serve you during your visit. Adjustments may be made at check out.

## Gift Cards

Gift certificates are the perfect choice for any occasion; available in any denomination.

## Food and Beverage

Spa guests are prohibited from bringing in any outside food or beverage to the spa. The courtyard and pool areas offer food and beverage service. If outside food and beverage is brought and/or consumed in the spa lounge, gym or pool area, it will be confiscated and you may be asked to leave immediately.

## What if I have physical ailments?

If you have high blood pressure, allergies, heart disease, diabetes, or other chronic conditions, or are pregnant, be sure to inform the reservations desk so that you may be advised about your service selection. In the interest of your health and the health of others, if you have a sore throat, runny nose, fever, chills, or cough please contact Spa reservations twenty four hours in advance of your appointment time to reschedule your treatment.

## Should I shave before treatments?

It is recommended that men shave at least 2 hours prior to facial appointments. Women should not shave before a body scrub or waxing services. Shaving amenities are provided in the locker rooms.

## How long can I safely remain in the sauna and steam room?

It is recommended to stay no more than 15 to 20 minutes in the sauna and steam.

## Pregnancy

We will gladly provide massages to expectant mothers who have passed their first trimester. If you are early in your pregnancy and in your first trimester, we cannot perform a massage based on medical health guidelines. It's advisable for pregnant women to avoid steam rooms, jacuzzis, saunas, and plunge pools because of the risks of overheating, dehydration and fainting.

## Oncology

Deep Tissue and Himalayan Hot Stone massage is contraindicated for spa guests currently undergoing chemo radiation therapy.



